

Book Review**“MANY LIVES, MANY MASTERS ”****DR. DIPALI PATIL (PH.D.SCHOLAR)****DR.AMIT PETHKAR (PRINCIPAL & HOD)****DR.ASHWINI PATIL (ASSO.PROF)****Introduction-**

Title/Name- MANY LIVES, MANY MASTERS (The true story of a prominent psychiatrist, his young patient and the past-life therapy that changed both their lives)

Edition – First (23 June 1994)

Author- Dr. Brian Weiss (American psychiatrist and hypnotherapist)

Publisher – platkus publication.

MANY LIVES, MANY MASTERS (The true story of a prominent psychiatrist, his young patient and the past-life therapy that changed both their lives)book written by Dr. Brian Weiss and published by platkus publication.

He has written many books such as Many lives many masters, only love is real, messages from the master, Same soul many bodies, miracle happens etc.

I got to know about the author Dr. Brian Weiss from one of my best friend . I searched about the author on internet ,which creats my interest reading his book . One day I surprised when my friend gifted me “Many lives, Many masters” book.

'Book Review: Many Lives Many Masters

2. Summery-

This book is about a psychiatrist Dr. Brian Weiss and his patient Catherine. Catherine is young lady suffering from anxiety, nightmares & attacks. Catherine approached Dr. Brian Weiss to treat her illness. Dr. Brian Weiss tried various traditional methods of his treatments and measures on her but nothing worked. Finally he tried hypnotherapy on her and to his surprise Catherine recalls her past life experiences. All the past life experiences are written very nicely in this book as they are happening in front of you. This book explains how Catherine's and Dr. Brian's life take turns after this hypnotherapy and how Dr. Brian cure her.

3. Analysis-

Strengths and Weaknesses –

Actually I don't have any faith in facts like rebirth but after reading this book, I agreed little bit, may be rebirth is there. This book is very amazing; maintain your curiosity till the end. Experiences were explained like it happening in front of you. I loved this book.

4. Conclusion-

The story of the book revolves around two main characters i.e. Catherine and Dr. Brian Weiss. The lady Catherine was supposed to have psychological illness and disturbing her psychosocial life. She tried lot of treatment modalities but everything failed. Story goes ahead and takes good turn when Catherine meets Dr. Brian. Dr. Brian treats her successfully with hypnotherapy techniques. The story comes up with the advantage of sedation and sleep techniques which are rarely to be used. The story concludes with take home message of good use of hypnotherapy apart from medicine.