

BOOK REVIEW**“KRIYA SHARIR BHAG-1”****DR. DIPALI PATIL (PH.D.SCHOLAR)****DR.AMIT PETHKAR (PRINCIPAL & HOD)****DR.ASHWINI PATIL (ASSO. PROF.)****1. Introduction-**

Title/Name- Kriya Sharir Vigyan (Human Physiology) for I BAMS –
Vol. 1 & 2

Edition – First (June 2014), ISBN : 978-81-928335-8-3

Author- Dr. Dattatray T. Kodape

Publisher – Shri. Dhanvantari book publishers, Nagpur.

Kriya Sharir Vol. 1 & 2 book by Dr.Dattatray Kodape, H.O.D & Asso.Professor, Government Ayurved College, Nagpur is being teacher in KriyaSharir subject wrote books in the subject of Kriya Sharir. This book is very useful and up to mark as per syllabus prescribed by governing bodies of Ayurveda NCISM, New

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Delhi and MUHS, Nashik. He is Assistant Director of AYUSH, Nagpur and having teaching experience in Kriya Sharir more than 17 years.

2. Summery-

Ayurveda is science of life. For globalization of ayurveda , it is necessary to review the books of Ayurveda. The book Kriya Sharir Vol.1 & 2 by Dr. Dattatray T. Kodape explains all concepts of Ayurveda very nicely as well as topics from human physiology. Ayurvedic and Modern concepts are arranged as per syllabus and paper pattern as directed by the university(MUHS,Nashik). Author referred many standard books and Ayurvedic Samhitas during writing this book. Concepts of Ayurveda like Basic Principles of Ayurveda, Dosha, Prakruti, Ahara etc. are very well arranged, references collected from Brihat Trayi and Laghu Trayi. Author given much of his dedication regarding correct references and point wise description of contents. Because of that, this book is very impressive, creates interest in students during reading and easily understood by them. Some topics like Biological Rhythm of Dosha, Dosha Gati, Prakrut -Vaikrut Dosha, Types of Alochak Pitta, Agni- Pitta Samya Bheda also covered in this book. In volume -2 of this books Ayurvedic topics such as Dhatuparichaya, Sapta Dhatu, Oja, Upadhatu,Mala etc explained very nicely.

Modern concepts of human physiology Cell, Respiratory System, Gastro-intestinal System,Haemopoetic System, Endocrinology, Nervous System, Special Senses and Basic Components of food are in the form of notes which are helpful to students. All the topics covered nicely. Even in the topics like Artificial Respiration, all the methods are written by the Author. This relieves stress of students referring many books. Investigations, Tests, Applied aspects related to modern concepts also given in this book.

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Author includes the applied and critical view to the Ayurvedic Concepts in this book. Author take efforts in compilation of concepts and summarizes all the concepts very nicely.

3. Analysis-

Strengths and Weaknesses –

This book collects Ayurvedic and Modern concepts and are arranged as per syllabus and exam paper pattern as directed by the university. Author referred many standard books and Ayurvedic Samhitas Brihat Trayi and Laghu Trayi. Author gives his dedication regarding correct references and point wise description of contents.

Also in my opinion this book become more useful if author have added coloured diagrams and schematic presentation in some topics. I also recommend the English translation of the same book as I BAMS students also prefer book in English language.

4. Conclusion-

As far as review of the book entitled “Kriya Sharir Vigyan (Human Physiology) for I BAMS –Vol. 1 & 2” by Dr. Dattatray T. Kodape, is concerned the basic concepts of Kriya sharir prescribed by MUHS, Nashik and NCISM, New Delhi are covered by the author nicely. He has also given the moderate depth to the concepts of Kriya sharir which is exactly required from the students of I BAMS.

The concepts of modern physiology are briefly comprehended in parallel with Ayurvedic concepts. In this way the book becomes a ready material in exam

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point of view. So, it can be concluded that the book is serving the purpose as study material for students of I BAMS.