

Book Review**“Lateral Thinking: Edward Bono”****Dr Vijay Prabhakar Shingade (Ph.D.Scholar)****Dr Alakananda Kulkarni (Prof. & HOD)****Dr.Shankar Mane (Asso. Prof.)**

Introduction:

Using your imagination freely is the main goal of lateral thinking. Author Edward de Bono demonstrates various unique methods for stimulating the mind in novel and fascinating ways whether working in groups or alone. The book Lateral Thinking by Edward de Bono teaches you how to disrupt your thought habits and take a fresh look at a problem by examining it from many angles. Analyzing data, facts, and figures is a breeze using vertical thinking. On the other hand, lateral thinking is perfect for concerns and situations that call for creative thinking approaches.

Summary:

Edward Charles Francis Publius de Bono was a Maltese doctor, psychologist, writer, inventor, and broadcaster. He is credited for coining the phrase "lateral thinking." He is a well-known author,

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philosopher, and prominent expert in the fields of creative thinking and the explicit teaching of thinking as a skill. More than 60 publications by Dr. de Bono have been published in 40 different languages, and his techniques are currently being taught all over the world. He has been praised as one of the 250 persons who have contributed the most to humanity and presided over a special summit of Nobel Prize winners. Classic bestsellers by Dr. de Bono include *Six Thinking Hats*, *Lateral Thinking*, *I Am Right You Are Wrong*, *Teach Yourself How To Think*, *Teach Your Child How To Think*, and *Simplicity*.

Vertical thinking and lateral thinking are the two types of thinking. Most of the time, we are accustomed to vertical thinking. An idea is taken, strengthened, and supported by evidence and facts in this kind of process, which is like to planting the idea securely and deeply into the earth. When you think vertically, you dig a hole to plant your idea; when you think laterally, you look for other locations to dig. Thus The mind can update and reconsider its fixed patterns with the aid of lateral thinking. By evaluating the patterns and challenging them, lateral thinking can determine whether they need to be updated or improved. If we don't question the ingrained patterns and presumptions in our minds, it's difficult to come up with original and creative thoughts.

It's crucial to use both lateral and vertical thinking. It's important to name and categorise objects when studying disciplines like science and math. The ideal tool for doing this is the brain. However, there are other occasions when we must deliberately defy our logical nature and reconsider the categories and contents of those categories. Lateral thinking is useful in this situation. Vertical thinking underlies our current understanding of the world. The basis of everything is data and facts. However, the ability to think creatively is crucial for human development, thus we should improve this skill. It might be more difficult if you tend to think

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vertically. But what you should do is aggressively challenge your assumptions and approach a subject in an unconventional way.

One of the best methods for coming up with a creative solution to an issue is to brainstorm. There is a good likelihood that an original solution will emerge when people collaborate and share ideas in a positive setting. Sharing ideas without criticism is the first step in a brainstorming session. You can develop your lateral thinking in a variety of ways. You should first push yourself into novel settings and venture outside of your comfort zone in order to become more creative and receptive to new viewpoints. Start by participating in conversations outside of your field of expertise, reading books outside of your typical reading list, or simply taking a chance on something new.

Analysis:

With the help of creativity, invention, and alternation, you can improve your thinking processes and approach to problem-solving in a variety of ways, as explored in *Lateral Thinking*. By reading this book, you will learn how to think freely and use more than only vertical thinking in your daily life. The advice in this book is quite useful because it offers methods and routines that one may start using right away and see benefits from right immediately.

This book has some sections that I found to be more useful than others. Some of it is written with teachers in mind, so they may instruct kids in lateral thinking. Although it wasn't as helpful, there were still some sections for actual application. There were times when I thought the book was a touch too thin. There were certain ideas that, in my opinion, didn't require their own chapter or the extensive explication they did. The lateral thinking approach has some helpful approaches, but not

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all of them require six instances. I believe I might have learned the same amount from dealing with "Lateral Thinking Light."

He also underlines the importance of continuing to look for solutions even when a solution that works is discovered. In order to keep thinking beyond the first good concept, he advised setting a number of ideas you'll generate before going on to the next stage. This idea definitely appealed to me. In a book about creativity, De Bono does well to provide specific examples. I believe that as a teacher, I would have found this book useful if I wanted to instruct pupils on lateral thinking strategies, how to be more imaginative, and how to come up with innovative answers to issues.

Although he makes some allusions that are somewhat out of date (there was undoubtedly no internet when de Bono wrote this), the ideas and tactics are generally applicable. This book, in my opinion, will withstand the test of time.

Conclusion:

The mind can update and reconsider its fixed patterns with the aid of lateral thinking. Anyone can profit from lateral thinking with time and effort. Reserving judgement and recognising dominating ideas are essential for lateral thinking. To change your thinking, use analogies and the reverse approach. You can achieve surprising insights by using attention zones and access points. By demonstrating how creativity and abandoning vertical thinking may boost the brain's efficiency and make it find new ways to look at a problem from new, unique angles and out-of-the-box views, Lateral Thinking introduces a novel method to the problem-solving process.

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Since lateral and vertical thinking are mutually supportive in practise, they are often combined. To comprehend the fundamentals of lateral thinking and develop ability in its application, it is best to treat them separately.